

Living Undivided in a Divided World

Friday Satsang and Saturday Daylong with Dorothy Hunt

Friday Evening Satsang, 7-9 p.m.

November 3, 2017

Suggested donation: \$15

Saturday Daylong, 10 a.m. - 5 p.m.

November 4, 2017

Sliding scale: \$50 - 75

Yoga Mendocino
206 Mason Street, Ukiah CA
707-462-2580
www.yogamendocino.org

**Register online; call YoMo;
or come by the studio!**



We live in a deeply divided world, and yet the Truth of what we are is Undivided. Where do we discover our non-separation, and more importantly, begin to live more and more consciously from this perspective?

Join us for this Friday evening satsang and Saturday daylong to explore and open to the compassionate Heart of Awareness that we share, and to discover simple ways of sowing seeds of kindness within ourselves and in our communities.

Dorothy Hunt serves as spiritual director of Moon Mountain Sangha, teaching at the invitation of Adyashanti. She is the founder of the San Francisco Center for Meditation and Psychotherapy, author of *Only This!*, *Leaves from Moon Mountain*, and a forthcoming book *Ending the Search: From Spiritual Ambition to the Heart of Awareness* (Sounds True, Spring, 2018).

www.dorothyhunt.org